

Twin Cities Area Indoor Running Venues

Community Centers

North Dale Recreation Center

Track

1414 St. Albans St. N.

Saint Paul, MN 55117

651-558-2329

<http://www.ci.stpaul.mn.us/facilities.asp?search=1&CID=2&pagenum=2&RID=139&Page=detail>

Oxford Community Center (Jimmy Lee Rec. Center & Great River Water Park)

Walking track

270 Lexington Parkway North

Saint Paul, MN 55104

651-642-0650

<http://www.ci.stpaul.mn.us/facilities.asp?search=1&CID=2&pagenum=2&RID=133&Page=detail>

Hillcrest Recreation Center

Running track

1978 Ford Pkwy.

Saint Paul, MN 55116

651- 695-3706

<http://www.ci.stpaul.mn.us/facilities.asp?search=1&CID=2&pagenum=2&RID=130&Page=detail>

Neighborhood House at Wellstone Center

Walking track

179 Robie Street East

Saint Paul MN 55107-2360

651-789-2542

http://www.neighb.org/wellstone_center.aspx

Eagan Community Center

Running track (11 laps/mile)

1501 Central Parkway

Eagan, MN 55121

651-675-5550

Daily Pass: \$10

The daily pass includes admission to the group fitness classes, cardiovascular and weight training equipment, gymnasium, track and locker facilities. *Note: You must be 15 years of age or older to use the track. Individuals 15 - 18 years of age must attend a scheduled orientation prior to using the fitness equipment.*

<http://www.cityofeagan.com/live/page.asp?menu=2778>

Veterans Memorial Community Center (Inver Grove Heights)

Walking/running track

8150 Barbara Avenue

Inver Grove Heights, MN 55077

651-450-2480

Twin Cities Area Indoor Running Venues

Maplewood Community Center

Suspended indoor walking/running track

1830 County Road B East

Maplewood, MN 55109

651-249-2000

<http://www.ci.maplewood.mn.us/index.asp?NID=113>

North St. Paul Community Center and Recreation Dept.

Indoor track

2290 1st Street N

North St. Paul, MN 55109

651-747-2411

Fee: Residents \$5, non-residents \$7

http://www.ci.north-saint-paul.mn.us/index.asp?Type=B_BASIC&SEC=%7B1B7F5357-EB74-4A5E-A58A-1B44841C8317%7D

Roseville Skating Center

Walking track

2661 Civic Center Drive

Roseville, MN 55113

651-792-7007

Fee: Walking Track No Charge

<http://www.cityofroseville.com/index.asp?NID=229>

Shoreview Community Center

Track (14 laps per mile)

4580 Victoria St N

Shoreview, MN 55126

651-490-4700

<http://www.ci.shoreview.mn.us/CommunityCenter/CommunityCenter.html>

Edinborough Park Fitness Center

Running and walking track (16 laps per mile)

7700 York Ave. S.

Edina MN

952-832-6790

http://www.ci.edina.mn.us/content/facilities/edinborough_park/fitness_center/index.htm

Chaska Community Center

Walking/running track

1661 Park Ridge Drive

Chaska, MN 55318

952-448-5633

Fee: free

<http://www.chaskacommunitycenter.com>

Twin Cities Area Indoor Running Venues

Brooklyn Park Community Activity Center

Walking track (8.25 laps per mile)

5600 - 85th Ave N

Brooklyn Park, MN 55443

763-493-8333

<http://www.brooklynpark.org/sitepages/pid71.php>

The New Hope Ice Arena

Walking track

4949 Louisiana Avenue North

New Hope, MN 55428

763-531-5181

Fee: free

Bielenberg Sports Center

Indoor walking and running track

4125 Radio Drive

Woodbury, MN

651-714-3740

http://www.ci.woodbury.mn.us/parks/parks_bsc.html

Shakopee Community Center

Walking track (14 laps/mile)

1255 Fuller St.

Shakopee, MN 55379

952-233-9500

Fee: free

http://www.ci.shakopee.mn.us/community_center.cfm

Sabes Jewish Community Center of Greater Minneapolis

Indoor track

4330 S. Cedar Lake Road,

St. Louis Park, MN 55416

952-381-3400

http://www.sabesjcc.org/health_general.htm

Jewish Community Center of the Greater St. Paul Area

Cushioned running track

1375 St. Paul Avenue

St. Paul MN 55116

651-698-0751

<http://www.stpauljcc.org/fitness/index.lasso>

Twin Cities Area Indoor Running Venues

Monticello Community Center

Walking and jogging track (15-16.7 laps/mile)

505 Walnut St

Monticello, Minnesota 55362

763-295-2954

http://www.monticellomn.govoffice2.com/index.asp?Type=B_BASIC&SEC={84F018A8-6109-432A-9CBD-4A966F428D9C}

St. Peter Community Center

Walking/running track (13.5 laps/mile)

600 South 5th Street

St. Peter, MN 56082

507-934-0667

Detroit Lakes Community & Cultural Center

Walking/running track

826 Summit Ave.

Detroit Lakes, MN 56501

218-844-4221

http://www.dlccc.org/index.php/fitness_and_aquatic_center

Health Clubs

Bally Total Fitness

Midway, Saint Paul

1166 University Avenue

St. Paul, MN 55104

(651) 644-2444

http://east.ballyfitness.com/clubs/club_locator/club_profile.asp?clubnum=838-47

Bally Total Fitness

Little Canada

71 Minnesota Avenue

Little Canada, MN 55117

(651) 484-4444

http://east.ballyfitness.com/clubs/club_locator/club_profile.asp?clubnum=838-45

Bally Total Fitness

Richfield

100 West 66th Street

Richfield MN 55423

(612) 861-5505

http://east.ballyfitness.com/clubs/club_locator/club_profile.asp?clubnum=838-46

Bally Total Fitness

Saint Louis Park

Twin Cities Area Indoor Running Venues

4900 Excelsior Boulevard
St. Louis Park, MN 55416
(952) 920-0212

http://east.ballyfitness.com/clubs/club_locator/club_profile.asp?clubnum=838-40

Bally Total Fitness

Fridley
7200 University Avenue NE
Fridley, MN 55432
(763) 574-8888

http://east.ballyfitness.com/clubs/club_locator/club_profile.asp?clubnum=838-44

Life Time Fitness

Bloomington (North)
5250 West 84th Street
Bloomington, MN 55437
952-835-2222

http://www.lifetimefitness.com/clubs/index.cfm?strWebAction=club_details&intClubId=106

Life Time Fitness

Fridley
1200 East Moore Lake Drive
Fridley, MN 55432
763-656-1500

http://www.lifetimefitness.com/clubs/index.cfm?strWebAction=club_details&intClubId=172

Life Time Fitness

Maple Grove
12601 82nd Ave. N.
Maple Grove, MN 55369
763-420-8282

http://www.lifetimefitness.com/clubs/index.cfm?strWebAction=club_details&intClubId=169

Life Time Fitness

Target Center – downtown Minneapolis
600 1st Avenue North
Minneapolis, MN 55403
612-486-3600

http://www.lifetimefitness.com/clubs/index.cfm?strWebAction=club_details&intClubId=174

Life Time Fitness

New Hope
4239 Winnetka Avenue North
New Hope, MN 55428
763-971-0404

Twin Cities Area Indoor Running Venues

http://www.lifetimefitness.com/clubs/index.cfm?strWebAction=club_details&intClubId=148

Life Time Fitness

Downtown Saint Paul
340 Cedar Street
Suite 500
St. Paul, MN 55101
651-227-7777

http://www.lifetimefitness.com/clubs/index.cfm?strWebAction=club_details&intClubId=108

Minneapolis Sports Center

Indoor track (8 laps/mile)
At the Midtown YWCA
2121 East Lake Street
Minneapolis, MN 55407
612-215-4321

<http://www.ywcampls.org/locations/msc/index.asp>

Midway Family YMCA

Running/walking track (22 laps/mile)
1761 University Avenue
Saint Paul, MN 55104
651-646-4557

<http://www.ymcatwincities.org/index.asp?pageID=159&branchID=9>

YMCA Skyway – Saint Paul

Running/walking track (14 laps/mile)
194 East Sixth Street,
St. Paul MN 5510
651-292-4143

<http://www.ymcatwincities.org/index.asp?pageID=74&branchID=7>

YMCA Skyway – Saint Paul, East

Running/walking track (14 laps/mile)
875 Arcade St.
St. Paul, MN 55106
651-771-8881

<http://www.ymcatwincities.org/index.asp?pageID=67&branchID=8>

YMCA Downtown Minneapolis

Running/walking track (10 laps/mile)

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30 South 9th Street,
Minneapolis, MN 55402
612-371-9622

<http://www.ymcatwincities.org/index.asp?pageID=59&branchID=27>

YMCA Blaisdell (Minneapolis)

Running/walking track (18 laps/mile)
3335 Blaisdell Ave. S.
Minneapolis, MN 55408
612-827-5401

<http://www.ymcatwincities.org/index.asp?pageID=58&branchID=25>

YMCA Northwest (Minneapolis/New Hope)

Running/walking track (18 laps/mile)
7601 42nd Avenue,
New Hope, MN 55427
763-535-4800

<http://www.ymcatwincities.org/index.asp?pageID=63&branchID=30>

Dakotah! Sport and Fitness

Running/walking track (11-12 laps per mile)
2100 Trail of Dreams
Prior Lake, MN 55372
952-445-9400

<http://www.dakotahsport.com/gymnasium.html>

Rochester Athletic Club

Running/walking track (9 laps/mile)
3100 19th Street NW
Rochester, Minnesota 55901
507-282-6000

<http://www.rochesterathleticclub.com/>

Other

Cragun's Resort and Hotel on Gull Lake

Indoor running track (10 laps /mile)
11000 Craguns Drive · Brainerd, Minnesota 56401
800-272-4867

http://www.craguns.com/recreation/sports_center.html

Twin Cities Area Indoor Running Venues

Other Twin Cities venues

Metrodome

Concourse running

Metrodome

500 11th Ave. South

Minneapolis, MN 55415

Hosted by MDRA: Rick Recker 612 375-0805

Dome Running is each Tuesday and Thursday from 5:00 - 8:00 p.m. each night. The cost is \$1. Enter at Gate D. You can park free in the upper Dome lot. 2009 Dates are: January 6, 8, 13, 15, 20, 22, 27, 29. February 3, 5, 12, 17, 19, 24, 26. March 3, 5, 10, 12

<http://www.runmdra.org/programs/domerunning.html>

State Fair Coliseum

Concourse running/walking

Warner Coliseum

Judson/Clough

St. Paul, MN 55108

651- 288-4400

<http://gopher.mnstatefair.org/events/default.lasso?show=future>