Twin Cities Area Indoor Running Venues

**Community Centers**

**North Dale Recreation Center**
Track  
1414 St. Albans St. N.  
Saint Paul, MN 55117  
651-558-2329  

**Oxford Community Center (Jimmy Lee Rec. Center & Great River Water Park)**
Walking track  
270 Lexington Parkway North  
Saint Paul, MN 55104  
651-642-0650  

**Hillcrest Recreation Center**
Running track  
1978 Ford Pkwy.  
Saint Paul, MN 55116  
651-695-3706  

**Neighborhood House at Wellstone Center**
Walking track  
179 Robie Street East  
Saint Paul MN 55107-2360  
651-789-2542  
[http://www.neighb.org/wellstone_center.aspx](http://www.neighb.org/wellstone_center.aspx)

**Eagan Community Center**
Running track (11 laps/mile)  
1501 Central Parkway  
Eagan, MN 55121  
651-675-5550  
Daily Pass: $10  
The daily pass includes admission to the group fitness classes, cardiovascular and weight training equipment, gymnasium, track and locker facilities. **Note:** You must be 15 years of age or older to use the track. Individuals 15 - 18 years of age must attend a scheduled orientation prior to using the fitness equipment.  

**Veterans Memorial Community Center (Inver Grove Heights)**
Walking/running track  
8150 Barbara Avenue  
Inver Grove Heights, MN 55077  
651-450-2480
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**Maplewood Community Center**
Suspended indoor walking/running track  
1830 County Road B East  
Maplewood, MN 55109  
651-249-2000  
http://www.ci.maplewood.mn.us/index.asp?NID=113

**North St. Paul Community Center and Recreation Dept.**
Indoor track  
2290 1st Street N  
North St. Paul, MN 55109  
651-747-2411  
Fee: Residents $5, non-residents $7  
http://www.ci.north-saint-paul.mn.us/index.asp?Type=B_BASIC&SEC=%7B1B7F5357-EB74-4A5E-A58A-1B44841C8317%7D

**Roseville Skating Center**
Walking track  
2661 Civic Center Drive  
Roseville, MN 55113  
651-792-7007  
Fee: Walking Track No Charge  

**Shoreview Community Center**
Track (14 laps per mile)  
4580 Victoria St N  
Shoreview, MN 55126  
651-490-4700  
http://www.ci.shoreview.mn.us/CommunityCenter/CommunityCenter.html

**Edinborough Park Fitness Center**
Running and walking track (16 laps per mile)  
7700 York Ave. S.  
Edina MN  
952-832-6790  
http://www.ci.edina.mn.us/content/facilities/edinborough_park/fitness_center/index.htm

**Chaska Community Center**
Walking/running track  
1661 Park Ridge Drive  
Chaska, MN 55318  
952-448-5633  
Fee: free  
http://www.chaskacommunitycenter.com
Brooklyn Park Community Activity Center
Walking track (8.25 laps per mile)
5600 - 85th Ave N
Brooklyn Park, MN 55443
763-493-8333
http://www.brooklynpark.org/sitepages/pid71.php

The New Hope Ice Arena
Walking track
4949 Louisiana Avenue North
New Hope, MN 55428
763-531-5181
Fee: free

Bielenberg Sports Center
Indoor walking and running track
4125 Radio Drive
Woodbury, MN
651-714-3740
http://www.ci.woodbury.mn.us/parks/parks_bsc.html

Shakopee Community Center
Walking track (14 laps/mile)
1255 Fuller St.
Shakopee, MN 55379
952-233-9500
Fee: free
http://www.ci.shakopee.mn.us/community_center.cfm

Sabes Jewish Community Center of Greater Minneapolis
Indoor track
4330 S. Cedar Lake Road,
St. Louis Park, MN 55416
952-381-3400
http://www.sabesjcc.org/health_general.htm

Jewish Community Center of the Greater St. Paul Area
Cushioned running track
1375 St. Paul Avenue
St. Paul MN 55116
651-698-0751
http://www.stpauljcc.org/fitness/index.lasso
Twin Cities Area Indoor Running Venues

**Monticello Community Center**
Walking and jogging track (15-16.7 laps/mile)
505 Walnut St
Monticello, Minnesota 55362
763-295-2954

**St. Peter Community Center**
Walking/running track (13.5 laps/mile)
600 South 5th Street
St. Peter, MN 56082
507-934-0667

**Detroit Lakes Community & Cultural Center**
Walking/running track
826 Summit Ave.
Detroit Lakes, MN 56501
218-844-4221
http://www.dlccc.org/index.php/fitness_and_aquatic_center

**Health Clubs**

**Bally Total Fitness**
Midway, Saint Paul
1166 University Avenue
St. Paul, MN 55104
(651) 644-2444

**Bally Total Fitness**
Little Canada
71 Minnesota Avenue
Little Canada, MN 55117
(651) 484-4444

**Bally Total Fitness**
Richfield
100 West 66th Street
Richfield MN 55423
(612) 861-5505

**Bally Total Fitness**
Saint Louis Park
Twin Cities Area Indoor Running Venues

4900 Excelsior Boulevard
St. Louis Park, MN 55416
(952) 920-0212

**Bally Total Fitness**
Fridley
7200 University Avenue NE
Fridley, MN 55432
(763) 574-8888
http://east.ballyfitness.com/clubs/club_locator/club_profile.asp?clubnum=838-44

**Life Time Fitness**
Bloomington (North)
5250 West 84th Street
Bloomington, MN 55437
952-835-2222

**Life Time Fitness**
Fridley
1200 East Moore Lake Drive
Fridley, MN 55432
763-656-1500

**Life Time Fitness**
Maple Grove
12601 82nd Ave. N.
Maple Grove, MN 55369
763-420-8282

**Life Time Fitness**
Target Center – downtown Minneapolis
600 1st Avenue North
Minneapolis, MN 55403
612-486-3600

**Life Time Fitness**
New Hope
4239 Winnetka Avenue North
New Hope, MN 55428
763-971-0404
Twin Cities Area Indoor Running Venues


**Life Time Fitness**  
Downtown Saint Paul  
340 Cedar Street  
Suite 500  
St. Paul, MN  55101  
651-227-7777  

**Minneapolis Sports Center**  
Indoor track (8 laps/mile)  
At the Midtown YWCA  
2121 East Lake Street  
Minneapolis, MN 55407  
612-215-4321  
http://www.ywcampls.org/locations/msc/index.asp

**Midway Family YMCA**  
Running/walking track (22 laps/mile)  
1761 University Avenue  
Saint Paul, MN 55104  
651-646-4557  
http://www.ymcatwincities.org/index.asp?pageID=159&branchID=9

**YMCA Skyway – Saint Paul**  
Running/walking track (14 laps/mile)  
194 East Sixth Street,  
St. Paul MN 5510  
651-292-4143  
http://www.ymcatwincities.org/index.asp?pageID=74&branchID=7

**YMCA Skyway – Saint Paul, East**  
Running/walking track (14 laps/mile)  
875 Arcade St.  
St. Paul, MN 55106  
651-771-8881  
http://www.ymcatwincities.org/index.asp?pageID=67&branchID=8

**YMCA Downtown Minneapolis**  
Running/walking track (10 laps/mile)
Twin Cities Area Indoor Running Venues

30 South 9th Street,  
Minneapolis, MN 55402  
612-371-9622  

YMCA Blaisdell (Minneapolis)  
Running/walking track (18 laps/mile)  
3335 Blaisdell Ave. S.  
Minneapolis, MN 55408  
612-827-5401  

YMCA Northwest (Minneapolis/New Hope)  
Running/walking track (18 laps/mile)  
7601 42nd Avenue,  
New Hope, MN 55427  
763-535-4800  

Dakotah! Sport and Fitness  
Running/walking track (11-12 laps per mile)  
2100 Trail of Dreams  
Prior Lake, MN 55372  
952-445-9400  
http://www.dakotahsport.com/gymnasium.html

Rochester Athletic Club  
Running/walking track (9 laps/mile)  
3100 19th Street NW  
Rochester, Minnesota 55901  
507-282-6000  
http://www.rochesterathleticclub.com/

Other  
Cragun’s Resort and Hotel on Gull Lake  
Indoor running track (10 laps /mile)  
11000 Craguns Drive · Brainerd, Minnesota 56401  
800-272-4867  
http://www.craguns.com/recreation/sports_center.html
Twin Cities Area Indoor Running Venues

**Other Twin Cities venues**

**Metrodome**
Concourse running
Metrodome
500 11th Ave. South
Minneapolis, MN 55415
Hosted by MDRA: Rick Recker 612 375-0805
Dome Running is each Tuesday and Thursday from 5:00 - 8:00 p.m. each night. The cost is $1. Enter at Gate D. You can park free in the upper Dome lot. 2009 Dates are: January 6, 8, 13, 15, 20, 22, 27, 29. February 3, 5, 12, 17, 19, 24, 26. March 3, 5, 10, 12

**State Fair Coliseum**
Concourse running/walking
Warner Coliseum
Judson/Clough
St. Paul, MN 55108
651- 288-4400
[http://gopher.mnstatefair.org/events/default.lasso?show=future](http://gopher.mnstatefair.org/events/default.lasso?show=future)